

# HEY FRIEND!

If you are in need of support, **I can help.**

Just call or text and I'll do my best to help you.

This local act of kindness is to support you and bring our community closer together during this health crisis.

The precautions to stop the spread of COVID-19 are essential. Ensure you are washing your hands regularly and leave all items at doorsteps, but above all stay connected to your community.

Children under the age of 18 must be accompanied by a parent or guardian.

My (first) name is: \_\_\_\_\_

You can contact me on: \_\_\_\_\_

**If you need help due to COVID-19, I can help you with:**

- Picking up shopping
- Cook a meal
- A friendly phone call
- Walk the dog
- Posting mail
- Urgent Supplies
- Other: \_\_\_\_\_

#STRONGERTOGETHERCOVID19 #COMMONFUTURES

NEWMAN  
FUTURES

Shire of EAST  
Pilbara  
AUSTRALIA'S LARGEST SHIRE

BHP